With

## **MESA AQUATICS CLUB**

Stroke and Turn Clinics



Don't start your child's summer swimming with bad techniques or questions about their stroke! Let the coaches at Mesa Aquatics Club give your child the tools and the knowledge to have a fun and successful season. Our coaches will teach your child proper stroke mechanics, drills to make the learning process easy and fun, and the fundamental base that will give your child confidence to ensure he or she has a fantastic experience in the water. These clinics are open to all levels of ability!!!

Friday, April 9 Freestyle
Friday, April 16 Backstroke
Friday, April 30 Breaststroke
Friday, May 14 Butterfly

8-10 year olds 4:00 - 5:00 PM

11 and Over 5:00 – 6:00 PM

\$20 per session. Limit 20 swimmers per session

Instruction by the Members of the Mesa Aquatics Club Coaching Staff and Senior Swimmers.

You may sign up Monday through Thursday from 4:30 – 6:30 PM at Kino Pool, 848 N. Horne, Mesa AZ or by calling

Coach Glen at 602.616.4167.

Please make checks payable to Mesa Aquatics Club.

All sessions will be held at

Kino Jr. High 848 N. Horne Mesa Arizona